

## De-conditioning of the human being

Ever since birth the human being has been conditioned to be something out of his nature, namely disconnected from his higher self and the Source. The world we live in is mainly focussed on functioning as efficiently as possible, which in this case means dividing everything into set boxes and ideas. The needs have to be largely met by a mass - "product" so the masses can be kept content and things lead in good manner.

This approach is seen on many levels of our society. Not all these "efficient" inventions of the human being are wrong, but in general such an approach leads the human to get farther away from his core. Simply because every being is a unique one and each has his own specific purpose on this earth in the chain of existence, and therefore can't function healthy if put in a box or is required to function according to set ideas.

The human being split from his core is driven by the ego-self in the earth reality. The ego is subjected to fear, insecurity and other emotions which don't contribute to a balanced being. It's amongst other things the job of the higher-self to awaken the ego to trigger the proces of synergy. The human on the road to self awareness will come to discover who he is in this life. What he wants, what drives him and what he wants to achieve. These are only first steps to self awareness, that can eventually lead to a deeper awareness beyond the human you are in your earthly life. Once consciousness is opened for a higher level of truth behind the illusion of the earthly reality, one will realise one is infinite. An infinite being who lives in a world in which time and space have no borders.

Once the conciousness has been expanded, the proces of liberation can start. This is where you truly liberate yourself from everything that isn't real and from that which doesn't belong to you and from that which doesn't bring you forward in a positive way. Especially that which is not true or real will be clearly visible so you can separate. You're truly centered and balanced because you are who you were meant to be and this being has always been good and didn't need conditioning. This will be the realization once you make the crossing. Of course you will have to maintain your practise and views. This means that you'll adept to a new way of living coming from these new insights. Things will come to be by themselves as a result of something else. I would compare it with a tree and it's growing process. It stand there, defies all weather, doesn't know when someone's coming to take it down, or to harass it, nor does he know when he'll get the water he needs. And still it keeps on growing, or not, maneuvering along obstacles to find the most amount of light. And then it dies...That is truly surrendering.

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